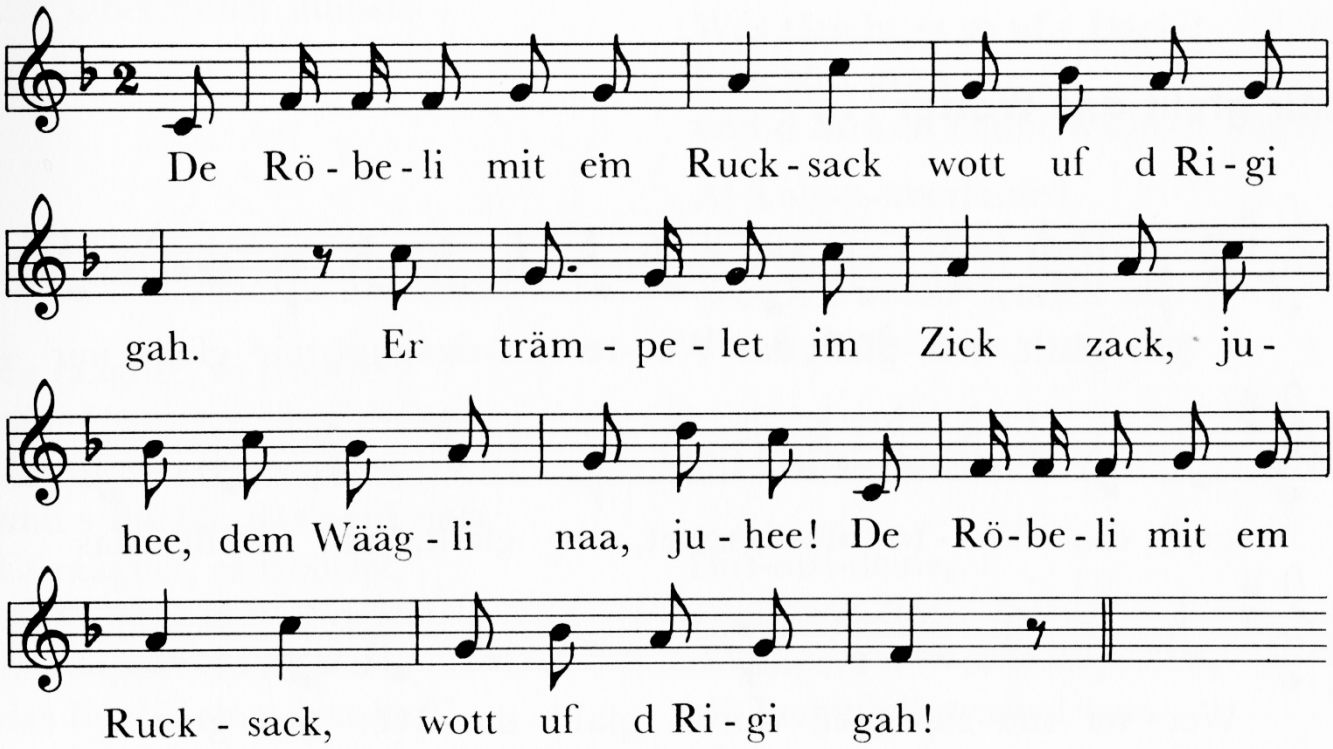De Röbeli mit em Rucksack